

Currently, an estimated 27 million people suffer from osteoarthritis, making it one of the most common causes of disability in the U.S.

According to the American Academy of Orthopedic Surgeons, osteoarthritis of the knee is one of five leading causes of disability among elderly men and women. Osteoarthritis of the knee is characterized by a degeneration of the knee cartilage.

Osteoarthritis, also known as “wear and tear” arthritis, is a common problem for many people after they reach middle age.

Pain from osteoarthritis of the knee is usually worse following activity, especially overuse of the affected knee. Stiffness can worsen after sitting for prolonged periods of time. Symptoms generally become more severe as osteoarthritis progresses. Some of the signs and symptoms associated with knee osteoarthritis include:

- Pain
- Stiffness
- Decreasing range of motion
- Muscle weakness and atrophy
- Crepitus
- Deformity
- Baker’s cyst (a harmless but sometimes painful collection of joint fluid behind the knee)



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What you should know about

Osteoarthritis of the Knee

The new FDA approved
treatment for knee pain